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Project 11

Trance Sessions to

Explore Spiritual Truths

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Medium

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Spirit:

---is sitting in. We must admit that it is quite crowded because of the conditions that you have created. I have often spoke through the channel but not through the channel in your group as I am doing at the moment. I am one that usually stands in the background and pesters him in his so-called quiet hours alone of which he very seldom has a moment alone because it's either those in the physical that would be, as you say, bugging him, or it would be some of us over here bugging him. And so, as I touch through the channel to you this evening, I want to say that it is a pleasure to see all of you come in and join one with the other through the tie of spirituality and truth. If you would but once think of that word truth, you would understand what we in the world of spirit term the only religion - truth is the only religion. As you all know, religions are all man-made. We, yet as we look back on the many religions, that only lasted for a certain length of time, just as everything else on your earth plane has a time duration, so it goes with all religions. At this very moment throughout your own planet, many groups are meeting - some in secret, because of the prejudice that has been created by those who refuse to accept anything other than what was taught to them in what you know as orthodox churches.

Each and everyone of you have come down your own path of life from an orthodox church. You did not make this change on your own. We were able to single you out in a given time and mentally influence you over, in some cases, a very long period of time, until you were able to seek that which you were desiring within your own self. When you came to that point of coming and investigating mediumship and the working of spirit, it was then that you opened a door within your own inner self and the floodgates of knowledge opened and it was then that many changes started taking place within your own higher self. As you already know, since you live in solid energy, it is not that easy for us to work with you, for we are working with a dual person, meaning your physical as well as your spiritual body. In time you will be able to separate the two and your spirit body can stand aside yet still attached to the physical. Then we are able to freely work with you. As an example, at the moment you are hearing the voice of this channel. His spirit is standing to the right of his body. This enables us to step in and fill that space that his own spirit would have occupied prior to coming into the tent. This enables us to use the body as we so see fit. Each and every one of you will at times have experiences which could cause you to feel somewhat frightened and other times, feel as if you are losing control. If you would but let go and let us we would take care of you through any of the changes that take place. Each and every one of you are capable of doing more than you are doing at the moment. It is because of the lack of confidence that you lack within your own physical body. When you are able to reach that point of letting go and letting your own spirit step aside and let us work through you, it is then

Spirit: (Continued) that we are able to control and manipulate your vocal chords, voice box, to create sound audible enough for others to hear just as you are hearing this voice at the moment. By the way, is the voice loud enough for all of you to hear?

All: Yes.

Spirit: Several of you would be more advanced in some ways than others. We are at this moment having a meeting, and I have taken the time from this important meeting to address you and to single some of you out to give you information of which you are not at the moment aware of.

The young lady by the name of Florence--can you hear our voice?

Florence: Yes.

Spirit: You have the ability to see in other time frames, or in other words, you are clairvoyant. You could, if you allow yourself to go, and have the confidence in yourself that nothing would happen, you could go into trance and we could use you as this channel is being used now. We want you to concentrate on this, and get away from that point of being afraid. Do not hesitate to share with this channel the visions that you will be seeing in the present time as well as in the future dates ahead. You will be seeing symbols in many cases, and at other times you will be seeing full pictures, or, as you would term it, visions. Do NOT ever think that you are imagining this, for we direct the picture, or the thought form, to your mind, and this is the way that you pick it up. Have more confidence in yourself than you have in the present time.

We wish now to address this message to Robert.

Robert: I can hear you.

Spirit: You have the ability to put on canvas or paper many things whereas we are able to stand aside of you and direct your hands, also to direct the picture in your own mind, so therefore, you know what it will look like before you proceed in putting it on the canvas. Using one of the terms of the researchers on your earth plane, and especially in the area that you would call London, England, you would be called a spirit artist because your hand has been controlled in the past a great deal. When you meditate before you do your art work, let those that stand close to you guide your hands, because your hand is being guided by artists that would have been well-known in their own time. Go forward with this message.

Robert: Thank you.

Spirit: We are now directing our attention to another young man by the name of Kent.

Kent: I can hear you.

Spirit: You have been selected to join this group simply because of the past life experiences. You are at the moment at the threshold of many changes within your own life spiritually, professionally, and your personal life. The turbulent water in the past that you have had difficulty getting out of was part of the karmic debt that had to be paid. The spot in time that you find yourself in at this moment is a confusing point with you because you do not at the moment know which way to turn. You find it difficult to accept certain vibrations from people that you never knew existed until within the last five earth years of your life. Again, this is part of what you must go through in order to understand to create a balance within yourself. As you move forward here you will be guided in many ways dealing with the teachings that you will do in the future as how the energies work--those energies in our world of the spirit versus the energies that you are familiar with in your world. You will be guided, not only through the mind, but through the hand, to create patterns on the screens in front of you that others would enjoy, as well as understand, in a deeper way. Do NOT turn back the pages of time as you sometimes do, but go forward, for we are still bringing you out of a state of confusion. And as you go further into the calendar year you are in now, you will have a great deal of remembrances of past lives and will many times ask yourself, what am I doing here? I feel as if I am trapped, and yet I don't know what direction to go. I don't know where I have to go. Within time you will know and fit in as others cross your path. Do not turn back. You have gained a great deal of space on the mountain that you are climbing. You have only a little ways to go before you are able to see in the valley beyond the mountain. Do not turn back. Give yourself time away from the books, to see other things as you pass through life. Allow yourself to get lost in the music that is available to you. Do not let certain things bring you back into, and lock you into, other time frames that will create a depression in your own mind. Don't look back, but look forward, and move from the present time..for in a short time you will stand, not under a hazy sky, but you will stand in total sunlight. Do you accept this message?

Kent: Yes, I do, and thank you.

Spirit: We move to the other page of our records and we pick up the vibration of a young lady by the name of Lisa.

Lisa: Hello.

Spirit: As we look at your records, you have been going through many changes mentally, physically, and psychologically. This is the period of time, as you might term it, the cross-roads of your own life. You must leave things behind you because you cannot go backwards in life. You must work with the present and move towards the future. As your body takes on new vibrations, of which you are not that well acquainted with, you will notice that as one thing passes, something else will take its place. In a short while, the way you measure time, you will know the meaning of this message tonight, and you will know why you have had strange experiences that would be a combination of physical and spiritual. It would deal a great deal with past lives, of which you were involved with all of the people within this group. In the given month of June of the year that you are in, you will find things much brighter around you. Do not reach out to blame others for conditions that are brought on by your own past experiences. Create a more positive vibration around you and especially with the man who is in your live that cares a lot for you.

As you move closer to the center of your calendar year, you will be more aware of what we are talking to you about at the moment. Accept this as your message.

Lisa: Thank you.

Spirit: As we turn the page, we want to move to another man by the name of Paul.

Paul: Good evening, Spirit. As we touch this page, the time is coming quite soon that you would be more of an assistant to this channel because we have been working with him and you to bring about this change that is necessary at this time. Have the confidence in yourself. We will guide you through the mediumship of the channel. You will not be misled. Try not to be frightened at the moment of being asked to be a channel to do messages. We will support you with the proper energy that is necessary when the time comes.

There is a time that the channel which is now being used was very frightened to ask in front of an audience and do message work. And I remember the time precisely when I stepped up and took over the body while there were other engineers and it was that night that he was amazed when it was all over with. We want you to have the confidence in us and to let go and let us do the work. We will NOT put more on your shoulders than you can carry. We do NOT at the moment see a problem that we often see with egos. This creates a problem for us and you and for those around you. We're not going to say you do not have an ego, for everbody has

- Spirit: (Continued) this within themselves. We feel that you have a good balance on this, and remember, as you progress, in the future, not to let others feed your ego to the point it gets out of hand. Do you have a question before we continue?
- Paul: Yes. I have a couple of questions, but there seems to be someone who is with me that, when I'm meditating sometimes or when I'm in a relaxed state - if I see someone's face or something, it's like I see him in a mirror, and then someone smashes the mirror. And it's kind of frustrating, and I'm wondering--I didn't think it was me, but is it somebody else that's working with me?
- Spirit: You must remember that we put you through many tests. This not only goes for you, but it goes for all the other people in your circle, your group, tonight. We create these visions so that oftentimes we do not get the proper response from you, or anyone as far as that goes, that we are working with, so we quite often use, as you might term, the shock treatment.... in order to get a response from you so that we will know that you are receiving the signal that we are sending out. Do you understand?
- Paul: Yes, I do quite well.
- Spirit: Well, we are sorry, but quite often we have to frighten the daylights out of a person.
- Paul: Well, sometimes I have felt that this was of a negative vein and I didn't want part of it if it was something...that it was that part of the energy.
- Spirit: We have very determined teachers on our side and our teachers will give you visions, they will project thought forms, pictures, into your own mind and when there is no response from you that you are receiving this, then they create something and then they destroy it in front of your face in order to get a response to see if you are seeing it.
- Paul: What would you like me to do. Would you like me to verbally say I see what you are trying to show me, or is it a thought form. I have been told that a thought form isn't quite.. it doesn't quite hold as much emphasis, or, the energy, you have trouble picking up.
- Spirit: You have not reached the state yet of being able to transmit to us through thought process. Therefore, we ask that you break the silence by speaking out loud, and simply say, I see the person in the mirror. Don't break it...
- Paul: OK.

- Spirit: it is not necessary, because now we have communication, between you and us. There will be changes in vibration as you progress, and this goes for ALL of the people involved in this very class. We take turns working with you, so if one night one of you should feel differently than you did the night before, it's simply because there is a different vibration of a different teacher, or of a guide that is with you. Have you had answers to your questions...? ...we are addressing Paul.
- Paul: I have been....feel, that my body has been going through some changes and I'm wondering if this is also part of a gradual speedup of all matter that is in this plane? Is this something that is happening?
- Spirit: Several weeks ago you were exposed to a virus that would have been a mixture from Russia and India. It is the kind of virus that would be similar to flue, but it is a different strain. This would stay in your system for quite some time. Yet at the same time, your body is going through changes, and especially where the openings to your spiritual body are. The chakras, as you call them, and especially in the solar plexus. You have a combination of a physical problem..which is on its way out..as well as the spiritual, too.
- We are turning the page and we wish to speak to the young lady by the name of Polly.
- Polly: Good evening.
- Spirit: It is a pleasure that we might speak to you, as we have gathered here, many of your relatives that have preceded you into our world have been standing by here observing what's going on. They find it very difficult that this medium, this man can sit here and we can control his voice box to speak to you. There are those in your family that are literally arguing about this as they were not taught what you are being taught. You have the ability to heal, but it would be done in the way that you would call absent healing. In other words, directing your energy out to the person or to the people. Continue to do this, but sit quietly before you do this, so that you can surround yourself and draw in a great deal of the healing energy to keep your own self vitalized and energized, for you will stand out as a beacon in our world, when your time comes to join us. Far above any of the relatives that have preceded you. Do you have a question?
- Polly: Yes, I have had no message or anything about my brother who has entered into spirit. Is he all right.
- Spirit: Your brother is standing here in the midst, but he thinks all of this is a dream simply because he does not have any pain in this new body, and to him this is a dream, and he is a

- Spirit: (Continued) stubborn man not able to accept the changes that he has gone through. Rest assured he is in good hands.
- Polly: Thank you.
- Spirit: We are turning the page and we wish to speak to Josef.
- Josef: Welcome, Spirit.
- Spirit: As we look over your chart here we would like to award you with the ability to heal. Not only will you be doing contact healing, but you will be doing absent healing as well. We ask that you work with the group as they work with other people, such as your healing book. Sit with the book in your own lap, with hands on the book, directing the energy out through the ether waves to touch those listed. You, too, are going through many changes at this time, and the changes would be that of not being happy with where you are and being upset with the kind of work that you are doing..but in a short time here, you will find things falling together, and then you will understand that the changes that are taking place around you are being done by us and not those in the physical around you. For you are constantly walking in and out of negative energy fields of the people that you deal with. Continue to rise above it, and let none of the mud cling to your boots. Do you have a question?
- Joe: The area that I've been meditating, on this mountain top, there seems to be a lot of stone piles. Are these burial grounds for Indians? And, by meditating in that area, am I disturbing the spirits?
- Spirit: You ARE NOT disturbing anyone, but you are welcomed in the area, because, if you would turn back the clock several hundred years before this time, you would find that the people who lived in the area are in great appreciation for what you are doing because you are a man that is close to nature. The woods were your home in many past lives. The are where you are mediating at the moment was your home at one time. But you would have to move the calendar back seven hundred years to pick up the vibration. It was because of that that you were led to the cottage of where you are now staying. At that particular time, the little lady that is with you now, was also with you. Your gender was reversed at the time. You DID NOT at that particular time blend too well. There was a great deal of strife between you. There is a certain amount of this that comes to the surface even at the present time. But in time this levels off and there will be a better blending. Do you accept this as your message?
- Joe: Yes, Spirit, I accept it. I thank you.

Spirit: We are turning the page and we want to move to the little lady by the name of Katy..

Katy: Good evening.

Spirit: ...or is it Kitty?

Katy: No, Katy is fine.

Spirit: As we look over your record, we find that you have come across many muddy rivers in your life. You are on the verge at this time of making another change. Within a short while a person will cross your path of which you will find a great delight in spending time with him. You will want to relocate in another area before you go too far in this year. You have an ability dealing with healing that you never dreamed you had. Continue to meditate and KNOW that you are a channel because a great deal of help will come from the energy that flows through your body. Do you have a question?

Katy: Even this evening I felt the energy in my hands. Was that healing energy?

Spirit: It was MOST DEFINITELY the healing energy. You have another phase of mediumship coming up, and that would be automatic writing. You might at the time trying using your typewriter instead of using, as you put it, longhand.

Katy: I don't have a typewriter now.

Spirit: You must get yourself a typewriter. And put yourself in that altered state of consciousness and allow your fingers to become nimble and to let the writing take place. Don't even give it any thought, but read the page after you have finished.
...

Katy: It sounds very interesting.

Spirit: ...you have two teachers standing by to guide your fingers, and create knowledge on the papers that would benefit others. You have this gift along with the gift of healing. DO NOT hesitate to move into this phase of your work. Will you accept this as your message?

Katy: Yes. It sounds find, thank you.

Spirit: We are turning the page and we want to move and talk to Lee.

Lee: Good evening, Spirit.

Spirit: It is a pleasure that we might be able to speak to you, for in just a short while you have accomplished a great deal; however, with the pressures that seem to be around you, you can't seem to escape from the physical world to touch with our world as often as you would like to. You, too, have the ability to heal..not only in contact healing, but in absent healing as well. You also have the ability to convey messages that come to you through the gift of clairsentience. Oftentimes you hear a person's voice and instantly you see a vision. This is a combination of voice vibration and clairsentience but you often feel that this is a part of your imagination. Therefore, you hesitate to say anything. As we have repeated so many times in this session, tonight, let go and let spirit work through you. Do you have a question?

Lee: Yes, Spirit. I felt very relaxed when I came into this session, but right now I really feel that all my energy is drained.

Spirit: You must remember that we are draining from all of you, and the energy is now going down. In order for us to continue, would you please sing a song so that we may continue. Otherwise we will have to release the channel.

ALL: : Singing Amazing Grace.

Spirit: Thank you, that was very kind. I'm sure now that we can go on through the rest of our pages here in the book. We don't often apologize, but this is a good time to do it. When we have good contact, and the energy starts going down, rather than making changes in the vibration, we do tap on to the people that are in the circle, and most of you tonight, when the session is over, you will feel that you are very limp, that you are very tired, you are very weak..and especially in your legs and in your solar plexus you will feel as though you have been hit in the stomach. We are sorry for this, but we sometimes do not have a choice, that we have to draw the energy, otherwise the channel would just stop in mid-sentence and we would not be able to bring it back.

We are going to turn the page there and we are going to touch the vibration of the young lady by the name of Susan.

Susan: Welcome, Spirit.

Spirit: As we look at your page here and the record, and it's trimmed in gold ink as we go around the page, you have been striving

Spirit: (Continued) to get, or to open other people's mind, that you have met..and especially those that you are related to.
(Tape turned over)

All: Singing How Great Thou Art.

Spirit: Thank you, the energy has now gone back to the level of which we feel is very safe. When the instrument is released he will probably find, and express to you, that he's having what is known as the jelly shakes, because we are putting the body through a lot of higher energy than we have been doing in the past. But we are coming back to the page that lists the young lady by the name of Sue.

Susan: Thank you.

Spirit: You have done a lot of searching. You are the type of person that wants to share everything that you know. And to give that which you know is good to others, but you must be careful. There are others out there in the world that will tear you apart because they are not ready for any change whatsoever. They are totally satisfied at the point of life that they find themselves in. You should reflect back on some of the literature that you have read dealing in secret religions, or hidden religions. It is for that reason that the mediums of old, once they found out how other people would accept them, they usually went into hiding and they refused to reveal what they knew within...and so this is why their own philosophy, or religion, as you call it, became secret or hidden. It was because of the negative thought forms that was created that would be damaging to the positive energy that you were using in your everyday life. You have a great deal to share. You will, for a while, stay where you are now living, but you will move into a better location, and this could very well be in a home that you would be somewhat of a semi-companion to a lady that would simply want somebody in the house...and yet it would not tie you down to any point. Do you have any questions?

Susan: Yes, Spirit. Can you tell me how I can open up communication with the _____ ?

Spirit: Yes, you have opened up communication several times, but it flicker of a moment. Continue to meditate, but DO NOT concentrate as you have done in the past. Concentration hampers the vibration and keeps us from working through you. Relax and let yourself go is the key word of understanding. First of all, direct a picture in your mind of the person you would like to contact. Picture that person, as standing right in front of you. Hold that picture as strong as you can for a few moments. This is the only time that you concentrate..and then let go. Empty your mind. And then receive. Will you accept this as your message?

Susan: Yes, thank you.

Spirit: We do not show any more pages in the book.

Lisa: Spirit, may I ask a question?

Spirit: Yes, you may.

Lisa: Will you tell me the reason for the seizures I have been experiencing?

Spirit: The seizures as we have already explained, as indicated on our chart, are part physical and part spiritual. This was something you had to go through. There will be one more before this phase of your development passes. Do not be alarmed. It will happen in your own home. It will happen when you are sitting on what you call your sofa.

Lisa: What is the purpose of this test, or whatever?

Spirit: It would be like a biological change between the physical and the spiritual because of the change of energy that is taking place at the moment. You would not even be able to understand if I allowed one of our engineers to explain it to you. The channel that is being used right now could very well tell you of the experiences that he had at one time and of all the money that was spent, as his mother would say, going to the physicians. And they could find absolutely no problem. It was the change that was taking place before another phase of mediumship came to the surface.

Lisa: Thank you.

Katy: Spirit, may I ask one more question, too?

Spirit: Yes, you may, as long as the energy is up.

Katy: You mentioned that I would be going through a change also. Do you mean in the way of mediumship through the automatic writing, or what?

Spirit: You will be going through the change of spiritual change which will be dealing with automatic writing. Also, your healing, but you will have a personal change of which will be very gratifying ..

Katy: Oh.

Spirit: ...to you.

Katy: Thank you.

Lee: Spirit, may I ask a question?

Spirit: Yes, you may.

Lee: How much longer am I going to have to go through these pressures that I have been going through?

Spirit: In the background would be two people that, to you, would be known as partners, and they would be negotiating with you to purchase business that would take a great deal of the pressure off of you.

Lee: Are these people I'm associated with now?

Spirit: These are people that you are SOMEWHAT associated with now.

Lee: Spirit, also, I feel that I'm going through some physical changes. Are my vibrations changing also at this time?

Spirit: Your vibrations are changing, my child. This does happen when the person goes from a particular pattern of life into the changes that you would know as development. You most definitely are going through changes.

Lee: Thank you, Spirit.

Paul: Spirit.

Spirit: Yes.

Paul: Do you have a message for the channel?

Spirit: He's going to be worn out when we get through with him. We want to express to him our sincere appreciation for following our guidance to the far off Islands in the big water, and for all of the knowledge that he gained, for this has brought him many steps higher on the pyramid of life. There will be other areas of the globe that he will be directed to go to. We are working out plans right now that he might be stepping on the shores of South America before this year is over. Again, it would be dealing in the research of finding roots of where he planted many many vibrations ago. You will be guided by him because of the changes that will take place. At times^{you} /will find how discouraged and depressed he will get dealing with the pressures from without, and offering your assistance there will help a great deal. He would not want any of you to understand this or even to know about it. But the problems that he has been through in the last two calendar years of his life has been very difficult for him to get behind him. And at times, things

Spirit: (Continued) come to the surface and pulls him back in what you might term the pits. As long as he knows that there is somebody there that could pick up the slack and take over where he leaves off, he would be able to go onward with his work. We ask you to take that to him.

Paul: Thank you, Spirit.

Spirit: I am going to, at this time, to step back and let someone else take over for a moment so that when this one finishes talking your channel will then come back to his own consciousness.

SPIRIT: Can you hear me?

ALL: Yes.

SPIRIT: As I touch through the vocal cords of this channel this evening I would like to say a prayer, and I'm going to direct that prayer to all of you, for as you look within yourself, search for the light that is within, which is the eternal light of the spirit. It is that light that links all of you to each other. I pray that that light will radiate and give forth more light than you could ever imagine, for that light is the God within you, and through your deeds and through the love that you have within you, you can radiate this light out and it will show in your own face, your own eyes, and it will radiate from every pore of your body. All you have to do is activate this light that is within you. Go forward with the knowledge that you are more than just a physical body, that you are a divine person, that you ARE spirit housed only for a shore while in a physical body. When you reach that level of life of knowing and not just believing, it is then that you can walk tall and radiate that love and understanding out to other people. I give you my blessings and the blessings of all of those that have gathered here to witness this transmission this very night. May peace settle in and around all of you, and including the channel that so humbly gives of his time to help others along the pathways of life. My blessings to you always.

All: Thank you, Spirit.

(END)