



Gifts of the Spirit Church
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Project 11

Trance Sessions to

Explore Spiritual Truths

Rev. Carl R. Hewitt

Medium

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Gifts of the Spirit Church, Inc. and Psychic Research Center Founded by Rev. Carl R. Hewitt in 1977

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INTRO - 1.

TAMMY: Well, hello, out there.

ALL: Hello, Tammy

TAMMY: Oh, it's nice to be here. I certainly do welcome that nice vibration that you created. But, as we have already stated in the past, we have a problem. Hold on a minute. Hold on.

ALL: OK.

TAMMY: Let me see if you can hear me. Can you hear me now?

ALL: Yes.

TAMMY: Before Daddy went into trance, we had him place a coffee cup, that's got the water in it, down in what you call the crotal. You see, we can't manipulate everything at one time. So when I'm not talking through the vocal cords, I have to take over the voluntary muscles, you see, and then I have to control the hands to scoop up the water to pour it in the gullet. And so, you see, it's not quite that easy as you might think. So this is how we have to operate works. But I have to say something to you. I want you, some of you, especially since we've got some new people in the group, I want you to tell your channel there to make sure he zips up his pants & tightens his belt, because he's going to loosen his pants, because his belt was so tight we couldn't work through his solar plexus. So we want you to tell him that because he don't know that he's almost got his pants off right now. So, it would be terrible if he

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TAMMY: (Coud'd) moved around a little bit & turned that water over. Boy, I tell you, I think he would be a little upset when he found himself sitting in a puddle of water - because he would have wondered what did it. & I don't want to take the blame for him wetting in his pants. So I got to tell you to tell him that before the lights go up. All right?

SIDNEY: OK.

TAMMY: All right. Let's see who's out there. Just a minute. We've got to have a little bit more water. I've got to shut up my mouth a minute. --- OK, I'm back again. ^{All right now} let me see if I can get this straight now. They were talking to me a moment ago and they were giving me some new vibrations ^{here} that we have to adjust to, so let's ~~me~~ see. We've got to start now. There's Robert out there?

ROBERT: I'm here.

T: And right next to Robert I think we have Florence?

FLORENCE: Here.

T: You're here? OK, sweetheart, We didn't talk to you last week, and it was quite obvious because you were in a trance state and we didn't want to call out your name because we drew a lot of energy from you. Do you understand, sweetheart?

FLORENCE: Yes, I do.

T: OK, right next to you is that sweet little

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- T: (Coud'nt) thing from all over the world - Susan.
- SUSAN: Hi, Tammy.
- T: Is that Susan?
- SUSAN: Yes, it is.
- T: Oh, God bless you, Susan. It's nice to have you here - ~~the~~
- SUSAN: Thank you --
- T: -- And right next to Susan ~~you've~~ got a new vibration, and, let's see, is it Lela, or Lee?
- LEE: That's right, my name is Lee, Tammy.
- T: OK; it's nice to hear your voice, Lee, & you're welcome to the group, we just love you --
- LEE: Thank you.
- T: -- because your vibration is just mixing in with everybody. All right right next to you -- oh, my gosh - that guy's back again? Don't that Sidney Schwartz?
- SIDNEY: Yeah, that's me.
- T: All right. God bless you. We love to give you a blessing anyway. I guess you deserve it.
- SIDNEY: I hope so.
- T: Right next to you, to your right, is -- I think we got that little sweet girl -- let's see, I guess that's - it's Katy?
- KATY: Hello.
- T: Oh, Katy it's so nice for you to be here. You're not used to this funny voice, are you?
- KATY: No, not yet.
- T: You have to get used to it, because you see

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T: (Cont'd) The energy hasn't been created enough to speak through the trumpet. We have to speak through the voice box that we're having a problem with. And now we got that growling noise coming back, so hold on. --- You know, I've spoke through a lot of mediums, ^{in my life} and I never had one I had so much trouble with as this one. But we love him anyway, 'cause he's doing the best he can to teach everybody, and, boy, have we had a lot of trouble doing that. I don't know, you see there's a lot of people on your earth plane right now that ain't no different than they were 2,000 years ago. But never mind that, I got to come back to that little girl there, Katy. Honey, your vibration is a little different than the others, but it certainly is in the positive zone, and so we want you to keep it there.

KATY: OK, I'm trying.

T: All right, you just stay with us, and ~~let~~ to your right, you got to touch that, well, she's got red hair, & she's got a temper to go with it, and I believe we're talking about Lisa.

LISA: Could be.

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T: We've stood in the background and we've heard you called "Geneva". Well, honey, you've got a spirit control in the cabins here & her name is Geneva.

LISA: Oh.

T: And the medium here, sometimes when he looks at you, he gets mixed up. When he's talking to you, he's talking to Geneva. And you know, sometimes he don't know what he's doing anyway. So you'll have to accept that.

LISA: OK.

T: All right. We got to go a little further. And there is Joe?

JOE: Yes.

T: All right, Joe. It's nice to have you here.

JOE: Well, it's nice to be here.

T: Vibrations are good with you, Joe, just keep it up there. And right next to you is that nice little girl called Polly?

POLLY: That's right.

T: You with us, Polly?

POLLY: I sure am.

T: Then, all right, you're moving from Polly to Jerome? You there, Jerome?

PAUL: Yes, I am.

T: OK. You better pour some of that water, Jerome, & stick it in this cab-cupboard

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INTRO 6

T: (Coud'd) in here because he just finished
the rest of his water

PAUL: We've got a full one here.

T: OK. Let me know when you're coming
in because I have to shut up & take
control of the ~~body~~ muscles.

PAUL: Right, it should be right on your left
side.

T: OK, here we go. --- You know, that's
not easy to do. I have to go from con-
trolling the noise to controlling the muscles
from over there. Now, hold on a minute,
we got to have some more water.

POLLY: You're going to drown him

T: You know, when I visit with him up-
stairs in the inner sanctum, it's what
he calls it, he's either swilling down ~~coffee~~
or ^{he's} swilling down coffee - and coffee ain't
good for him. It ain't good for nobody,
cause it stimulates the wrong nerves. We
have a problem. It causes what you call
static. We try to work through you, so
we want you to drink just water, and I
don't mean to be standing here passing
judgment on you people, but I'll tell you
something. Just for the sake of money, too
many people are taking plain water & putting
junk in it & selling it in bottles & calling
it soda. We call it swill over here. It's not

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T: (Cont'd) good for you. I don't care what they say & how they advertise it. Because, going back years ago, before they started it out with sarsaparilla, & that was the beginning. You go back before that, people drank water. Now, kids in _____ won't drink water unless it's colored. It's got to be colored with some kind of junk. And this has a lot to do with your system. There is only one person in your whole group here ~~who~~ that really does drink a lot of water, & that would be Jerome. Others of you drink water, but not as much as Jerome. He used to drink a lot of other things, too, but he got smart, finally.

All right, I got to stop talking here, 'cause the whole room is getting crowded. And we got to see ~~what~~ who's standing by here to take over. ~~But~~ I have to do my duty. You have to wait a minute. I'm called the water girl, now. And so, I'm going to give the boy some more water -- All right.

SIDNEY:

Daddy, were you the red light that was in the cabinet before?

T:

Yes, I was Sidney.

SIDNEY:

OK. What ever happened to Sparky? How come he's not in the cabinet [?] with you?

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INTRO 8

T: Sparky?

SIDNEY: Yes.

T:

He's your friend, he's right here. See, we haven't been able to manipulate the energy properly with the medium in order for others to come through.

Sparky is here, & Little Blue Flower is here, and there's Swift Water and Singing Wind and Tall Pine. And there's so many here. All of these different people belong to you people out there. But you see, I am part of the band and I'm under control of the Chief, Chief Lone Eagle & I have to behave myself.

He gives me a certain amount of leeway but then he gets annoyed that I'm getting carried away. As the Chief says sometime, I go off on a tangent.

But I love it, I love to talk. I love to talk, because, you see, I love to visit with you. Because it does take energy to do this, I have to utilize the energy of the medium as well as that drawn from all of you.

So, all right, I got to turn out to be the water girl again, so hold on.

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1.

Tammy, says Sparky, Little Blue Flower, Swift Water, Singing Wind & Fall Line & many more in the bowl under control of the Chief, Chief Lone Eagle.

TAMMY

Friends, I can't really tell you who this is because there is one here from one of the higher schools that steps in & wants to use the channel for just a short while, so I'm just going to relinquish the channel, but first of all I have to give him just a little bit more water because there's a problem there with that voice box which is created by the stuff that's in the lungs. Now hold on a minute... Before I let go, I have to ask Jerome to put some more water through the hole & then I'm going to -- my goodness, there will be so many cups & bottles & jars & stuff in here, they'll be all over the place. ---- Can you hear me?

ALL:

Yes.

TAMMY:

All right. I don't know who is going to speak to you but he's a master from the higher school, so don't be surprised if there isn't a change in voice, a drastic change in voice. So hold on a minute. I got to hook him up.

MASTER
TEACHER
(M.T.)

My blessings to you this evening.

ALL:

Greetings.

M.T.:

It is a great pleasure that I might be able to speak through the channel at this moment.

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2.

M.T. :
(cont'd)

It is not important as to who I was, but I have been one who has stood in the background in the band of spirit people with the medium throughout his lifetime. I do, sometimes, take the opportunity to speak through him to those in the presence of the medium.

I was a student, according to the way you figure time, 1983 years ago by the Teacher who said that in my Father's house are many mansions. I come to you at this time with my blessings. For as you know, it is written that many are called but few are chosen. Each & every one of you, at times, have asked the question - why were you chosen? Even the channel that is being used now to convey the sound of my voice has also asked the question at times within himself -- why each one of you were chosen. You have been chosen to carry out a mission in life of which, at the moment, you don't even know, & you are not even aware of. That, even at the present time, you are playing a part in a drastic drama that is slowly unfolding. Yet, within yourself, you might be playing this part while still in the dark, not understanding if you are doing the right thing or not.

The reason that I address you this evening is because you are on the threshold of great changes, and great changes throughout the world.

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3.

M.T.

(Cont'd) There will be pockets of people throughout the entire world, even as I speak to you at this moment others are gathering, listening to other master speakers from my side conveying a message of thanks for opening your mind & being able & willing to learn more & be part of that small army of teachers, of helpers, those that will help the ones that are left after the great changes that will take place on the earth plane. You will all find that you will be at the right place at the right time when the changes take place. At this ^{moment} ~~time~~ we cannot tell you the day or the hour, but rest assured that those that guard over you & walk with you during your waking hours will be there in time to escort you, to lead you where it is safe & where you are to be. For, believe it or not, all of you have gathered at other times, in other lifetimes, in other lands. Some of the areas that you gathered (in) are not visible to any-one's eye at the moment because the lands do not exist - for they have been swallowed up by the crevices of the earth when the earth changes took place, ~~and~~ in what you would know as an earthquake. But now you are back in solid energy, gathered

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4.

M.I.T.

(Cont'd) once again in what you might call the inner room and the inner circle, seeking always to rise above the teaching of the past, opening your minds to understand truths that are deeply embedded in you, even at the present time. For you contain all the knowledge of the universe. For you have accumulated the knowledge, and within that part of you which you might call the subconscious is nothing other than what you were familiar with at the moment that you would call a computer. For all of the past lifetimes all of your experiences, even those that you were together as a group (as you are at the moment) -- these happenings, these experiences, are all recorded within your own inner self. It is merely learning how to tap into that storehouse of knowledge & bring it to the surface. For there is a great, vast amount of work that is yet to do, for as you move onward in the next months & years, you will see thousands & thousands of people searching helter & skelter in all directions for answers -- actually beating on doors of the churches demanding that the clergy give them answers, and yet the clergy is silent.

You're moving into a great time for some

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5.

M.T. (Cont'd) & a horrible time for others. We cannot make any changes in the energy, for it has already been created by the many years of living in ignorance. For at the moment, there is a terrible grounding effect of negative energy created by what you term "orthodox religion". Today, even in the political arena, orthodox religion is seeping in to try to brainwash the people & if you & your nation allow this, it will bring more chaos on your earthplane, even to those that are left to pick up the pieces & build from that.

You will be teachers, way-showers. We will place within your right hand a torch & through that torch you must show light & understanding to those that are ready for it. Bother not with those that are not ready. For you would be wasting great energy - but we will put the words in your mouth.

My blessings to you for your mission in life is to help others. Do not be impatient. I leave you with this message.

My blessings & my love to you all.

ALL:

Thank you.

TAMMY:

Well, it was nice to hear him talk. You see, there are many levels, as we have already told you in the past, of spirit people over here.

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6.

TAMMY: (Cont'd) There are schools in our world of the very high masters & so, when they come through the channel like this to speak, is always a strong message for everyone. I'm going to have to back away here because somebody that you'll recognize is standing by. I have to take over the channel again.

NATHANIEL: Well, a jolly good evening to you. And it's a pleasure that I might be here this evening. I was just wondering if I was going to be able to talk, because I was fascinated by what was being said because the Master Teacher, of course, is from the higher realms - which I'm very much aware of because I have to stay tuned to the lower vibrations in order to stay with the band that is around the channel.

And so, as I speak to you this evening, it's great that I can welcome two members of the group. And we have been talking about that as energy has been balanced & we would like to welcome the young ladies there, Cathy & Lee, into the group, & we feel quite proud that you have joined.

LEE & KATY: Thank you.

N: And we would like to say that we do miss the other young man who offered so much support, but we would like at this time to divulge a secret. You don't have to say anything to the

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7.

N.: (Coud) channel about it because, you see, I don't think he wants you to know it, but he's been playing Cupid & somebody that was directed toward his path was also directed in his path for a purpose. And we have been working very closely on this side with a specific group in order to bring two people together on your plane. And at this very moment your friend is dining with a young lady, that we worked to bring about. And so, he might jokingly say sometime - that is, the channel - that he has to get his bow & arrow out of the closet & shoot somebody in the ass. He does this to bring them about so they can meet somebody. It might embarrass him -- nothing does -- but it might embarrass him if you say this in his presence, because I don't think he wanted you to know this.

Now, there's a couple of young ladies in the group that wonder why he don't do this to them. We want you to know that we work through the channel in many ways. Remember, there is an old saying that God works in strange ways. Don't give up. We are working patiently with the channel in more ways than you can imagine. Enough of that! We got to ~~go~~ go onto something else.

I'm going to stand by here because I have in front of me (I heard you). Don't rush

N: (Coud) me. I will give up the channel when I get through, not before, not before— All right, I have in front of me here some of the akashic records. Now, I may not be able to give you all the data that you need to know, but if I don't have it, then I might just, for an instant let go of the channel & let someone else speak to you, because you have created beautiful energy. Everything is balanced. Can everybody hear?

ALL: Yes.

N: Very good. All right, let's start with the person on the right. We have a list written in front of me here, across & around the records of the scroll, & we have Robert Trimm. Let's see what you have to ask.

R.Q.: Are these questions in regard to past lives? Is that specifically --

N: At the moment, we don't care what you ask. You have created perfect energy for us.

R.Q.: I've been aware that the only good news carried by the media is about the exploration of Uranus, and it seems that the attention is a very positive & hopeful thing. Astrologers say this relates to Aquarius & I want to know more about this planet in terms of why our attention is on it now & what it represents for us.

N: As you move further into the time of the next

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9.

N: (Cont'd) Three years, many signs will come back from one of the space labs that would be now soaring through space. You ~~to~~ would then find a great deal of signs that there is life on other planets. However, very few of you will find this out. There will be a coverup by the scientists working with this, because they will not, at the moment, be able to handle & understand, because a great many of their own theories will have to be scrapped & then they will have to start all over, from ground zero, as you would say. Many changes will take place on your planets due to the changing of other planets. You might have heard it said that there are 77 planets that inhabit life. At this very moment a small space capsule is moving through the outer rim of your own galaxy & moving into another galaxy. Yes, at the moment, a great deal of data is coming to your planet. New data will be arriving in a few months as the capsule keeps soaring further out into the far reaches of space. You have a great deal to learn still about the planetary system. Not only you, my son, but others as well. You are well versed -- (tape removed & turned over) -- You are somewhat in the period of coasting at the moment. When you left the commune, as you called it, it was then that your time had

response to
R.N.:

response
to Susan:

N. (Cont'd) been spent. Continue to help others throughout the rest of your present physical life, those that would be around you that would show any indication of being open-minded. Never mind those that are sceptics & scoffers. Your work is done, but you have many years still to live. As you go along, enjoy the flowers, the sunsets & the new people. We will watch over you.

Susan: Thank you, Spirit. Can you tell me why I feel such an affinity with the ranch back in Washington & with the people there, especially with one person called Ray? I feel such a pull in my mind, and should I just use that pull, perhaps, to practice projecting myself there?

N: This would be the 3rd lifetime that you lived in that particular area. Other 2 lifetimes as Indians. The people that you were with were ^{with you} also in these other lifetimes. Send them positive energy and prayer. There is where your linkage lies.

SUSAN: Thank you.

LEE: Spirit, I'd like to ask you about my granddaughter, Melissa. I feel that she has the gift of clairvoyance & I was wondering if she also ~~has~~ has some of the other gifts of the spirit.

N: The child that you are asking about has several

N: (Could) of the gifts of the spirit. But you must remember that children in their first developing stages or first few years of life, will go in & out of different vibrations; whereas the gift of clair-sentience could be strong for a while, at other times the gift of clairvoyance, clair-audience, & a variety of others. It is not something that always stays with the person through that period of time, but usually comes back later. It is like something that is natural to the child up to a point & then it sort of seems to, well, like, a flower that closes its petals & then at another time in life it seems to open again. You are correct, your child does have these gifts.

LEE: Is she going to be a chosen child to help with the world changes?

N: Yes, she will, but not in the area of where you are at the moment. This would be in another area, approximately 400 earth miles from where you are now, because of the move of the family. A job will take them to another location.

LEE: I see. And one more thing. I have a strong affinity to the house that I am living in at present, which is a house I haven't lived in (for) a long time, but I feel very at home there. Can you answer any --

N: (Cont'd) You should feel at home there, because if you go back to 300 years ago you also lived on the edge of the water where you live now, but you were one of the tribe of Indians.

LEE: I see. Thank you.

N: You were male in that life and you were considered by the rest of the tribe, an expert in the art of fishing.

LEE: Thank you, Spirit.

SIDNEY: Spirit, I seem to be in this lifetime running in ~~this~~^a kind of rut where I keep repeating certain patterns and the patterns seem to be linked even in the same time of year.

And I was wondering, first of all, how I can get myself out of this rut, and, second of all, if it's any linkage to any past lives which is a rut that has been going from one life to another.

N: We have attempted to help you through the channel for quite some time. And when we are able to help you, you seem to go along for a while - it is as if we are helping you get your boat out of the shallow water where it floats by itself and you go along for a little ways and then all of a sudden you seem to throw the rudder overboard, the sail overboard, the compass overboard, & all of a sudden you're drifting & you're wobbling & bobbing up & down

N (Cont'd) & eventually you get back in the same rut that you were in before. The question you ask we would have to go into more detail, of which we do not want to give you the answer in front of all the people. We have to give you guidance & we promise that conditions will be right there in the next 2 days & we will work through the channel — but be prepared to have an earful.

SIDNEY: OK. Thank you.

KATTY: Spirit, my mother has appeared to me recently with many tears. I understand it's because of trying to help my sister. Can you lead me along this path?

N: Your sister, my child, is one that must help herself. She would be considered her own worst enemy. You have attempted to help. And you do, for the moment. Your sister will only hear what she wants to hear. There is a stubbornness within that person. The mother is one that is quite concerned with conditions around her. Look at your calendar and along about the very end of April or about the first of May, you will then see, & hear, of a quite a change that takes place around your sister.

K: This will be positive?

N: It will be a positive change from what



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N (Could) it was three earth months ago.

K: Thank you very much.

LISA: Welcome, Spirit. Do you have any spiritual guidance for me at this time?

N: We have expressed to you when you were in your quiet or meditative state. We have given you many lessons, many directions. At the present time, you are very much on a positive vibratory course, of which we are happy with. You are not vibrating in the same frequency or the same color that you were 2 earth years ago. We only say to you to continue ~~as~~ you are now, & you will find tremendous results, as you might say, in the months ahead. We are referring to this very year you are in now. Do you understand?

LISA: Yes, thank you, Spirit.

JOE: Welcome, Spirit. My question refers to my past marriage. I want to know - what Karma do I have to work out with my last ~~the~~ wife, and what conditions are coming up in front of me within this year - with the children?

N: This will be hard for you to understand, my son, but you were directed in a path with the lady that you married, the lady that bore 2 of your children. This was a part of your learning, for it was during that session of time that you became very restless when

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21'

N (Cont'd) it came to philosophy, religion, and a lot of other aspects of life. You have been led, and directed through, a great jungle of life until you finally came out on the road that you're traveling on now, the spiritual road that we are referring to. The problems that will be coming up around your own children will be that that would be created by their mother. You must remember that the conditions around the mother are being controlled by a third person. The children, eventually, if you so desire, could be in your custody. We recommend this, but not necessarily in the present time. You will be able to handle this when the time comes. There will be, at that time, other changes taking place around you, and the woman of your life at the moment. The conditions would work into what you call positive energy. Do you understand?

JOE: Yes, I understand I thank you.

POLLY: Spirit, recently there have been an underwater explosion & a little island has appeared off Benini. Is this a part of a lost continent, or is it something that is of no account?

N: It is a part of a lost continent. Eventually there will be rocks & stones which you would call ruins of a lost civilization. Many things are happening on your earth plane today.

N (Cont'd) to prove many of the prophecies that were given hundreds & even thousands of years before this very date. Will you accept that?

POLLY: Yes, ^{certainly,} thank you.

PAUL: Spirit, I have a couple of questions. First of all, am I protecting myself properly when I am doing healing?

N: Yes. You have 3 doctors working with you, not all at one time. It depends on the person who sits in the chair in front of you. You are not picking up, or absorbing, any illnesses from the people that you work with.

PAUL: So ~~the~~ ^{my} losing of my balance is really - it was just maybe my meditation & the fact that I was being taken over? So much, that anything was going on?

N: You must remember that when you, or anyone else, is being used as a channel for healing, there is a great deal of your own energy blended with our energy to bring this about. Within a short while after the healing you regain the energy back. There are times that you would lose your balance or feel that you were going to topple over. We will not allow you to do so. For the very guides that work with you stand there to keep you, & prevent this from happening.

PAUL: Yes. I've been thinking about this for a while, a long time before we had actually gotten together and my assumption is that there must be a very big sacrifice that you make to be here on this plane, in this vibration. Am I correct?

N: My son, you are absolutely right. Very few people even think of what we have to sacrifice to come back to this vibration. If you would stop & think for just a moment, the world of spirit, & of the realms that I am used to; I cannot even begin to tell you what it is like, how beautiful it is. It would be the same way if each one of you right now would get rid of everything that you own & simply go to one of the big cities & be one of the street people sleeping on the street. I'm saying this to you because I can't even compare that sacrifice with the sacrifices that we make to come to you to guide you --

PAUL: Yes.

N: -- because your world is in chaos. There are so many people on your earth plane that claim to be spiritual & they go to church. The churches on your earth plane are nothing but social clubs. The churches have become money-grabbers to certain people.

PAUL: Yes. I have some other questions also. Could

PAUL (Cont'd) you explain a little bit about what happened one morning when I was home, and, maybe there is something that might help me understand why what happened, happened?

N: You must remember, my son, that during the hours that you are asleep we work with you. When you have shut down all of your five senses & quite often our work is not quite done when you awake, and, therefore, you sometimes wonder what's going on around you.

PAUL: Yes, I had almost a fit of rage. Is this ~~&~~ what you are talking about?

N: Yes.

PAUL: I also find that - I almost feel ~~that~~ ^{like} I have a defective brain cell somewhere - that things get lost: peoples names I should know off the top of my head, they just get lost, and ~~&~~ it's very frustrating. But I have been told before that this is because I have so much stored from past lives that it is actually coming into my conscious mind. Could you explain a little bit more about that? please.

N: Sometimes, my son, you should get a private session with the channel & talk with him because he can remember 30 years ago, even to the weather, but yesterday he can't even remember

N: (Cont'd) what he did. And don't worry about missing some brain cells, because you have got plenty of gray matter there to work with ---

PAUL: Oh, I know they're all there.

N: --- The only thing is you seem to have been busy, or - as you would put it - out to lunch, teaching yourself certain methods of remembering. We have worked for a long time with the channel, & it is only ^{at the} present time that he is starting to remember a few names. And, a few other things, too. I mean, this is

PAUL: This is like - blatant - like somebody I live next door to & I forget their names. ~~Now~~ That's something else. I guess this can be brought up at another time.

N: You think that's bad. Wait till you get to the point where you can't remember your own name. Then you've got a problem.

PAUL: Yeah. My last question. Do there any way ^{that} can eliminate this present condition from my body that I seemed to have picked up?

N: Yes. We'll work with you, but we'll have to work with the channel at another time. He will have to be put into a trance state & we'd have to work through him. It will be taken care of.

PAUL: Is it still dangerous to meditate when you're run down?

N: It is a time that you should not meditate.
PAUL: Thank you.

N: (Cont'd) I would like to add before I leave you, my son, that as you get to know the channel, you will find out that both of you have a lot of traits that would be quite similar. You'd have to go back several years & find that he was a teacher of yours at another time. And, therefore, your memory was just about the same then as it is now. And he couldn't remember where he was going to -- to Jerusalem or he was going to Greece -- because at one time, he forgot which place he was living in. And so, if you have a teacher that can't remember which place he lived in, and you listened to everything that he taught you, then you've got a problem yourself. So -- like teacher like student. You'd better blame the teacher, not yourself. I think, sometime, you'd better bring up the subject in private so we won't embarrass you when we tell you a few things. And you'd better bring your machine so you can listen to it at other times.

PAUL

Thank you.

SIDNEY:

Okay, hang on, is there any message for the channel?

N:

We don't have any message for the channel tonight.

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N: (Cont'd) because all things are working quite smooth. We do say, however, that a rest totally away from readings, healings, & spirit communications is necessary to restore the physical & mental balance of the body. We have been directing him, and you, to work together on a project, that would enable him to get away. This, we urge. It is necessary. Will you please explain this when the channel is back in their own consciousness?

SIDNEY: Will do.

ALL: Thank you, Spirit.

TAMMY: Well, I'm back again, but I just want to touch base with you before we leave. I want to say a little prayer, if you don't mind. Some of you might think that's funny, but, you know, I might carry on, & I might have a lot of fun, but you see, I'm always happy. & I'm very thankful that I have been given my moments of time to operate through the channel. And so, I'm going to thank the creator at this time for giving me the energy & the knowledge to speak back to those left on the earth plane, to speak through the channel,

TAMMY: (Cont'd) & to know how to operate the energy that makes it possible. I'm thankful to the creator of all, that creative force, the power, that I might be able to draw the positive energy from the people that have gathered in circles such as this that makes it possible for me to create sound through the voice box of the medium. And so, therefore, I have a lot to be thankful for.

I'm going to leave you with my blessings this night, and may all of you find peace as you move on through your physical life.

My love and my blessing to all of you, and good night.

ALL: Good night, Tammy.