

Carl's First Birthday in Spirit

Carl used to tell us not to take flowers to the cemetery. His exact quote was: "There is nothing there but bones and stones." He did tell us the proper method to honor a person in Spirit. First one gets a picture of the person who is in Spirit, and then one places a small vase next to the picture. Finally one puts a flower in the vase and thinks about that person, or sends the Spirit person a message.

For Carl's first birthday in Spirit, I decided to follow this practice. The day before the anniversary of Carl's transition, I was driving to a friend's house, and decided to stop at a supermarket, that I do not usually frequent. I noticed that their selection of flowers was outstanding, a myriad of different colored and species flowers were everywhere. I considered buying some, but decided against it, since I was going to dinner at my friend's house. I would have to leave the flowers without water for a number of hours, and in the unheated air of the car. Since this would be detrimental to the flowers, I decided not to purchase flowers the following day.

The next day I had an appointment with my chiropractor, since I had thrown my back out of alignment about a week earlier. My appointment was about 15 miles from the supermarket I visited the day before. Therefore, I decided that on my way home, I would stop in another up-scale supermarket to look at their flowers. The selection was about one third of the selection from the previous store's, and I didn't like anything they had. I quickly decided I would return to the supermarket, I visited the day before.

I had been quite indecisive about the type of flowers to buy. Part of me wanted to get white roses, because the spray on Carl's casket contained white roses with a single red rose. I chose white roses, for Carl's funeral, because Awan said that he belonged to the "Brotherhood of White Roses" and so did a few other Spirits that Carl channeled. However, I am more drawn to yellow or coral colored roses; therefore, I could not decide which to buy for this first anniversary.

When I returned to the first supermarket, I walked over to the yellow roses. I picked up a bouquet, only to discover it was rather heavy. When I studied the bouquet, I learned it was a 2 dozen bouquet. My vase would not hold that many flowers. So I put them back. I suddenly found myself spinning around 180°. Truthfully, I wondered why I turned in such a manner. Suddenly, I noticed a small bucket of flowers next to one of the produce stands. I went over to see what was in there.

I was utterly amazed and totally stunned to find a bouquet of nine white roses, with a single red rose. I had never seen a bouquet with mixture of different colored roses in a supermarket before. I was extremely surprised, and immediately felt that Carl had guided me to find this unusual bouquet. Not only did I feel this was the bouquet he wanted, but it was also his way to say "hello," on his first birthday in Spirit. A year after he had passed he imitated the roses on his casket.

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Flowers from Carl's Funeral Spray—January 31, 2005—Charleston, SC



Carl's First Birthday in Spirit—January 26, 2006—Hackensack, NJ